



## Tip of the

### Prevention Information from CSAP's Western Center for the Application of Prevention Technologies

Julie Hogan, Ph.D., Director

**February 1, 2002**

#### **Latest Model Programs Released by CSAP**

By: Denise Grothaus, C.P.S., CAPT Coordinator  
Edited by Ken Smith, M.P.H., Project Manager

The Center for Substance Abuse Prevention (CSAP) recently released seventeen new model programs. This issue of the "Tip of the CAPT" and the next will offer a brief summary of the programs that have become Model Programs since our last Tip of the CAPT on Model Programs in November, 2000. Each was reviewed by the National Registry of Effective Preventive Programs (NREPP) and scored sufficiently according to 15 dimensions: theory, fidelity, process evaluation, sampling strategy and implementation, attrition, outcome measures, completeness of data, data collection methods, analysis, validity, integrity, utility, replications, dissemination capability, and cultural and age appropriateness.

For more information on any of the following programs, please visit:  
[www.samhsa.gov/centers/csap/modelprograms/programs.cfm](http://www.samhsa.gov/centers/csap/modelprograms/programs.cfm)

To learn more about evaluation criteria for the programs, or to nominate a program for review, please visit: [www.preventionregistry.org](http://www.preventionregistry.org).

#### **Model Programs**

All Stars prevents high-risk behaviors including drug use, violence, and premature sexual activity through the development of positive personal characteristics in young adolescents.

Brief Strategic Family Therapy (BSFT) offers a practical approach to the "treatment" of conduct problems, association with antisocial peers, early drug use, and problematic family relations.

Bullying Prevention is a multilevel, multi-component program designed to reduce and prevent schools' bullying problems and other antisocial behavior.

Early Risers Skills for Success is a high-risk, high-intensity competence enhancement program for children who are at heightened risk for the early development of conduct problems including use and abuse of drugs.

Family Effectiveness Training (FET) is a prevention/early intervention modality that is presented as a socially acceptable, culturally oriented, didactic/experiential package aimed at enhancing family adjustment.

Incredible Years is a set of three separate curricula for parents, teachers and children promoting emotional and social competence to prevent, reduce, and treat behavior and emotion problems in young children.

Leadership and Resiliency enhances internal strengths and resiliency in youth, while preventing involvement in substance abuse and violence, using clinical process groups, alternative activities, and community service projects.

Multisystemic Therapy (MST) is a family - and community-based intervention for youth with identified substance abuse or dependence.

Nurse-Family Partnership is a voluntary prevention program employing trained nurses to work with low-income, first-time parents from early pregnancy through the child's second birthday.

The six regional CAPTs are funded by the Center for Substance Abuse Prevention in the Substance Abuse and Mental Health Services Administration. For more information on this Tip of the CAPT or other Western CAPT services, please visit our web site: [www.westcapt.org](http://www.westcapt.org) or our best practices website: [www.open.org/westcapt](http://www.open.org/westcapt).

**Our toll-free office number is: (888) 734-7476**